

## University of Iowa Hospitals and Clinics

Department of Nursing Services and Patient Care Nursing Clinical Education Center 319-356-1238 Tel

#### Location:

Zoom Virtual Meeting

Date:

See grid

Time:

0800-1200 on the 3<sup>rd</sup> Thursday of the month

Fee:

There is no registration fee

## Registration:

Pre-registration is required 1 week prior to the class through ERMA. (Search program # 1275)

Scheduling should be arranged through the nurse manager in order to attend the program during on-duty time.

#### **Contact Hours:**

Contact hours will be granted for each session by Department of Nursing (IBN Approved Provider #34). Participants must attend the entire session to receive full credit. No partial credits will be awarded.

### Influencing Change:

3.75 contact hours

### Staff Nurse Leadership:

3.75 contact hours

#### Charge Nurse:

3.75 contact hours

# **Staff Nurse Leadership Development Series**

The Staff Nurse Leadership Development Series is comprised of three programs developed for nursing staff at UI Hospitals & Clinics. Each program is presented on a quarterly basis.

## **2021 Influencing Change Workshop:**

January 21 April 15 July 15 October 21

2021 Staff Nurse Leadership Workshop:

February 18 May 20 August 19 November 18

2021 Charge Nurse Workshop:

March 18 June 17 September 16 December 16

## **Influencing Change Workshop**

**Purpose:** This workshop discusses how engagement, ownership, resiliency, and evidenced based practice can lead to greater changes within an organization.

Intended Audience: Staff nurses wanting to learn more about change management.

#### **Objectives:**

- 1. Learn about how staff nurses can be influencers among their teams.
- 2. Review strategies for leading and creative problem solving for the frontline staff nurse.
- 3. Identify characteristics of resilient leadership.
- 4. Discuss the staff nurse role in designing, implementing and sustaining practice change.

#### Schedule:

8:00	Introduction to Influencing Change -Kara Prickett
8:05	Finding the Spark for Change–Christina Woline
8:55	Pay it Forward   Leadership Development-Kara Prickett
9:45	Break
10:00	The Resilient Leader–Maggie Moore
11:00	Being a Change Agent –Casie Fowler
12:00	Program Evaluation/CE Recording/Adjourn

## **UI Hospitals and Clinics Department of Nursing Faculty:**

**Casie Fowler,** MSN, RN, Research & EBP Specialist **Maggie Moore,** L.I.S.W., Director, UI Employee Assistance Program

Kara Prickett, MSN, RN, Nursing Practice Leader, Nursing Education

Christina Woline, DNP, RN, NPD-BC, Nursing Practice Leader, Nursing Education

## **Staff Nurse Leadership Workshop**

**Purpose:** The workshop will assist staff nurses in enhancing their leadership skills in nursing. This program will assess their leadership qualities and explore ways to grow and utilize them.

**Intended Audience:** Staff nurses who have been employed for at least one year.

#### **Objectives:**

- 1. Describe how reality-based leadership strategies can enhance action-oriented solutions.
- 2. Discuss effective communication skills and habits.
- 3. Compare attributes of differing leadership styles.
- 4. Review opportunities for professional development for nurses at U of I Hospitals & Clinics.
- 5. Develop a personal goal statement and plan.
- 6. Analyze emotional intelligence in the workplace.
- 7. Learn strategies to increase self-awareness, self-management, social awareness, and relationship management.

#### Schedule: 8:00 Reality-Based Leadership-Emily Ward 8:50 Effective Communication in Nursing- Dana Cook 9:30 Leadership Style Activity -Kara Prickett 10:00 Break 10:15 Professional Development as a Leader in Nursing – Lou Ann Montgomery PRP Bingo and Goal Setting – Kara Prickett 10:45 11:00 Emotional Intelligence in the Workplace-Melissa Gross 12:00 Program Evaluation/CE Recording/Adjourn

#### **UI Hospitals and Clinics Department of Nursing Faculty:**

Dana Cook, MSN, RN-BC, Nursing Practice Leader, Behavioral Health Services

Melissa Gross, MSN, RN, CNRN, Director, Nursing Services, Ambulatory Nursing

Lou Ann Montgomery, PhD, RN-BC, Director, Nursing Professional Development & Advanced

Practice

**Kara Prickett**, MSN, RN, Nursing Practice Leader, Nursing Education **Emily Ward**, BSN, MBA, RN, CCRN, Associate Chief Nursing Executive, UI Hospitals & Clinics

## **Charge Nurse Workshop**

**Purpose:** The purpose of this program is to assist current and prospective charge nurses to enhance their performance in the role. The program will review the topics of the patient experience, difficult conversations, financial considerations and available resources for the charge nurse.

**Intended Audience:** Current and prospective charge nurses

#### **Objectives:**

- 1. Discuss the charge nurse role with providing a positive patient experience.
- 2. Identify strategies to assist the charge nurse in delivering difficult messages, when necessary, in ways others can hear.
- 3. Relate hospital financial considerations to the charge nurse role.
- 4. Examine ways teamwork between charge nurses and Admission Transfer Center can optimize patient care.
- 5. Discuss the use of delegation, communication and other resources related to the charge nurse role.
- 6. Discuss the resources available to the charge nurse from the House Operations Managers (nursing supervisors).

#### Schedule:

8:00	Introduction to Charge Class, Resources; Checklist Review – Kara Prickett
8:10	Service Excellence & Patient Experience– Alexander Nance
8:30	Difficult Conversations: Learning to Give Bad News – Rachel Williams
9:30	Break
9:45	Financial Considerations of the Charge Nurse Role – Heidi Burak & Kara Prickett
10:45	Admission and Transfer Center and Charge Nurse Collaboration-Sarah Healey
11:00	Charge Nurse Discussion Panel
11:40	House Operations Manager (HOM) and Charge Nurse Relationships – House Operations
	Managers
12:00	Program Evaluation/CE Recording/Adjourn

#### **UI Hospitals and Clinics Department of Nursing Faculty:**

Heidi Burak, BS, Manager, Logistics and Finance

Sarah Healey, MSN, RN, Nurse Manager, Admission Transfer Center and Integrated Call Center

Alexander Nance, MHA, Director, Office of The Patient Experience

Kara Prickett, MSN, RN-BC, Nursing Practice Leader, Nursing Education

Rachel Williams, University Ombudsperson, University of Iowa

House Operations Managers, Department of Nursing

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Individuals with disabilities are encouraged to attend all University of lowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program. please contact Nursing Clinical Education Center at 319-356-1238.